

# RINGED PLOVER

Coast & Heaths  
Area of Outstanding  
Natural Beauty  
- Priority Species -

Coast &  
Heaths

Area of Outstanding Natural Beauty



Harwich  
Haven  
Authority



Photo © RSPB

# HELP RINGED PLOVER!

The Ringed Plover is a small, dumpy, short legged wading bird that breeds on vegetated shingle around estuaries in the Area of Outstanding Natural Beauty.

The Ringed Plover are vulnerable to habitat loss and disturbance. Their population has declined by 59% in the UK in only 25 years.

Between April-July they lay 4 tiny eggs in a scrape on the ground which are neatly arranged with the pointed ends always in the centre of the nest.

We need your help! Become a RINGED PLOVER GUARDIAN and help Ringed Plover successfully rear chicks. Visit our website to find out more.

## BIRD FACT

Ringed Plover will feign a broken wing in order to lure predators away from its nest!

[WWW.SUFFOLKCOASTANDHEATHS.ORG/RINGEDPLOVER](http://WWW.SUFFOLKCOASTANDHEATHS.ORG/RINGEDPLOVER)

